

Introduction

This edition of Kevin's Corner reviews population and demographic changes in Vermont and its 14 counties since 2010.

Sources

Data for this edition of Kevin's Corner comes from the US Census Bureau's Decennial Census. The Census is a constitutionally-mandated count of the number of persons residing in the United States and each individual state as of April 1st of the referenced year. More data is available at www.census.gov. The State of Vermont's Center for Geographic Information also hosts [population information for every town and county in Vermont](#) dating back to 1791.

Population Changes

Statewide Comparison

The April 1st, 2020 population for the state of Vermont was 643,077, an increase of 17,336 (2.8%) from 2010. The state's 2020 population ranks it 49th among the 50 states. Only Wyoming (576,851) has a smaller population.

Table 1: Population changes among New England States

State	Percent Growth
United States	7.4%
Massachusetts	7.4%
New Hampshire	4.6%
Rhode Island	4.3%
Vermont	2.8%
Maine	2.6%
Connecticut	0.9%

Vermont's 2.8% population growth over the decade is well below the US rate of 7.4%. Its growth ranks 40th among the 50 states. Among New England states Connecticut (0.9%) and Maine (2.6%) had lower

growth. Massachusetts was the fastest-growing New England state with a 10-year increase of 7.4%. See Table 1 above.

County Comparison

The northwest part of Vermont experienced the most growth over the decade. Chittenden County added the most residents between 2010 and 2020 (11,778) and also had the largest percent change in population (+7.5%). The next largest growth rates occurred in Lamoille County (+1,470 or 6.0%), Franklin (+2,200 or 4.6%) and Grand Isle (+323 or 4.6%).

Table 2: Population Changes by Vermont County

County	2010 Pop	2020 Pop	Pop Change	% Change
Addison	36,821	37,363	542	1.5%
Bennington	37,125	37,347	222	0.6%
Caledonia	31,227	30,233	-994	-3.2%
Chittenden	156,545	168,323	11,778	7.5%
Essex	6,306	5,918	-388	-6.2%
Franklin	47,746	49,946	2,200	4.6%
Grand Isle	6,970	7,293	323	4.6%
Lamoille	24,475	25,945	1,470	6.0%
Orange	28,936	29,277	341	1.2%
Orleans	27,231	27,393	162	0.6%
Rutland	61,642	60,572	-1,070	-1.7%
Washington	59,534	59,809	275	0.5%
Windham	44,513	45,905	1,392	3.1%
Windsor	56,670	57,753	1,083	1.9%

Two Northeast Kingdom counties saw population declines. Caledonia County's population declined by 994 (-3.2%) while Essex County



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experienced a decline of 388 (-6.2%). The only other county to experience a decline was Rutland with a loss of 1,070 persons (-1.7%).

The state's southern counties experienced small population increases. Windham added 1,392 residents (+3.1%) while Windsor added 1,083 or +1.9%. In Bennington county the population grew by 222 or +0.6%. See the appendix for information about population changes by town.

Demographics

Statewide

Vermont remains a state with low levels of racial diversity. Among Vermont's 643,077 residents, 89.8% of Vermonters (577,751) identify as White alone. The next largest single-race group is Asian at 1.8%, followed by Black or African American at 1.4% and American Indian at 0.4%. About 5.8% of Vermont's population identify as two or more races.

Table 3: 2020 and 2010 Census Demographics

	2020		2010	
<i>Total:</i>	643,077	100%	625,741	100%
Population of one race:	606,051	94.2%	614,988	98.3%
White	577,751	89.8%	596,292	95.3%
Black or African American	9,034	1.4%	6,277	1.0%
American Indian	2,289	0.4%	2,207	0.4%
Asian	11,549	1.8%	7,947	1.3%
Hawaiian / Pacific Islander	181	0.0%	160	0.0%
Some Other Race	5,247	0.8%	2,105	0.3%
Two or More Races:	37,026	5.8%	10,753	1.7%

Since 2010 the share of Vermonters identifying as two or more races has increased from 1.7% to 5.8%. Those identifying as White alone has fallen from 95.3% to 89.8%. Black or African American alone has increased from 1.0% to 1.4% while Asian alone has increased from 1.3% to 1.8%. See Table 3 above for a comparison of 2010 and 2020.

County Comparisons

At the county level race data reveals little differentiation from the statewide analysis. Vermont's most populous county, Chittenden, has a racial makeup with more diversity than other counties in the state - Though far less racial diversity than the nation as a whole. Chittenden county data indicates that 85.7% of residents identify as White, while all other counties report residents identifying as White at rates ranging from 90.1% (Windham) to 94.0% (Essex).

The percent of residents in Chittenden county identifying as Black or African American is 2.9%, the highest rate in the state. The next highest shares of people identifying as Black are in Windham and Bennington at 1.2%. The county with the lowest share of people identifying as Black is Essex with 0.3%.

In Chittenden county 4.3% of residents identify as Asian, accounting for 62.7% of the total Asian population in the state. The next highest rates are in Addison at 1.6% and Caledonia at 1.2%. The lowest rate of people identifying as Asian is in Essex at 0.3%.

The largest concentration of people identifying as American Indian is in Franklin County at 1.0%. The next largest concentrations are in Orleans at 0.7% and Grand Isle at 0.6%. The smallest shares of people identifying as American Indian are in Chittenden and Bennington Counties at 0.2%.

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Appendix: 2010 and 2020 Town Populations

Town	2010 Pop	2020 Pop	% Change	Town	2010 Pop	2020 Pop	% Change	Town	2010 Pop	2020 Pop	% Change
Addison	1,371	1,365	-0.4%	Charleston	1,023	1,021	-0.2%	Groton	1,022	984	-3.7%
Albany	941	976	3.7%	Charlotte	3,754	3,912	4.2%	Guildhall	261	262	0.4%
Alburgh	1,998	2,106	5.4%	Chelsea	1,238	1,233	-0.4%	Guilford	2,121	2,120	0.0%
Andover	467	568	21.6%	Chester	3,154	3,005	-4.7%	Halifax	728	771	5.9%
Arlington	2,317	2,457	6.0%	Chittenden	1,258	1,237	-1.7%	Hancock	323	359	11.1%
Athens	442	380	-14.0%	Clarendon	2,571	2,412	-6.2%	Hardwick	3,010	2,920	-3.0%
Averill	24	21	-12.5%	Colchester	17,067	17,524	2.7%	Hartford	9,952	10,686	7.4%
Bakersfield	1,322	1,273	-3.7%	Concord	1,235	1,141	-7.6%	Hartland	3,393	3,446	1.6%
Baltimore	244	229	-6.1%	Corinth	1,367	1,455	6.4%	Highgate	3,535	3,472	-1.8%
Barnard	947	992	4.8%	Cornwall	1,185	1,207	1.9%	Hinesburg	4,396	4,698	6.9%
Barnet	1,708	1,663	-2.6%	Coventry	1,086	1,100	1.3%	Holland	629	632	0.5%
Barre City	9,052	8,491	-6.2%	Craftsbury	1,206	1,343	11.4%	Hubbardton	706	735	4.1%
Barre Town	7,924	7,923	0.0%	Danby	1,311	1,284	-2.1%	Huntington	1,938	1,934	-0.2%
Barton	2,810	2,872	2.2%	Danville	2,196	2,335	6.3%	Hyde Park	2,954	3,020	2.2%
Belvidere	348	358	2.9%	Derby	4,621	4,579	-0.9%	Ira	432	368	-14.8%
Bennington	15,764	15,333	-2.7%	Dorset	2,031	2,133	5.0%	Irasburg	1,163	1,233	6.0%
Benson	1,056	974	-7.8%	Dover	1,124	1,798	60.0%	Isle La Motte	471	488	3.6%
Berkshire	1,692	1,547	-8.6%	Dummerston	1,864	1,865	0.1%	Jamaica	1,035	1,005	-2.9%
Berlin	2,887	2,849	-1.3%	Duxbury	1,337	1,413	5.7%	Jay	521	551	5.8%
Bethel	2,030	1,942	-4.3%	East Haven	290	270	-6.9%	Jericho	5,009	5,104	1.9%
Bloomfield	221	217	-1.8%	East Montpelier	2,576	2,598	0.9%	Johnson	3,446	3,491	1.3%
Bolton	1,182	1,301	10.1%	Eden	1,323	1,338	1.1%	Killington	811	1,407	73.5%
Bradford	2,797	2,790	-0.3%	Elmore	855	886	3.6%	Kirby	493	575	16.6%
Braintree	1,246	1,207	-3.1%	Enosburgh	2,781	2,810	1.0%	Landgrove	158	177	12.0%
Brandon	3,966	4,129	4.1%	Essex	19,587	22,094	12.8%	Leicester	1,100	990	-10.0%
Brattleboro	12,046	12,184	1.1%	Fair Haven	2,734	2,736	0.1%	Lemington	104	87	-16.3%
Bridgewater	936	903	-3.5%	Fairfax	4,285	5,014	17.0%	Lewis	-	2	Undefined
Bridport	1,218	1,225	0.6%	Fairfield	1,891	2,044	8.1%	Lincoln	1,271	1,323	4.1%
Brighton	1,222	1,157	-5.3%	Fairlee	977	988	1.1%	Londonderry	1,769	1,919	8.5%
Bristol	3,894	3,782	-2.9%	Fayston	1,353	1,364	0.8%	Lowell	879	887	0.9%
Brookfield	1,292	1,244	-3.7%	Ferdinand	32	16	-50.0%	Ludlow	1,963	2,172	10.6%
Brookline	530	540	1.9%	Ferrisburgh	2,775	2,646	-4.6%	Lunenburg	1,302	1,246	-4.3%
Brownington	988	1,042	5.5%	Fletcher	1,277	1,346	5.4%	Lyndon	5,981	5,491	-8.2%
Brunswick	112	88	-21.4%	Franklin	1,405	1,363	-3.0%	Maidstone	208	211	1.4%
Buels Gore	30	29	-3.3%	Georgia	4,515	4,845	7.3%	Manchester	4,391	4,484	2.1%
Burke	1,753	1,651	-5.8%	Glastenbury	8	9	12.5%	Marlboro	1,078	1,722	59.7%
Burlington	42,417	44,743	5.5%	Glover	1,122	1,114	-0.7%	Marshfield	1,588	1,583	-0.3%
Cabot	1,433	1,443	0.7%	Goshen	164	172	4.9%	Mendon	1,059	1,149	8.5%
Calais	1,607	1,661	3.4%	Grafton	679	645	-5.0%	Middlebury	8,496	9,152	7.7%
Cambridge	3,659	3,839	4.9%	Granby	88	81	-8.0%	Middlesex	1,731	1,779	2.8%
Canaan	972	896	-7.8%	Grand Isle	2,067	2,086	0.9%	Middletown Spring	745	794	6.6%
Castleton	4,717	4,458	-5.5%	Granville	298	301	1.0%	Milton	10,352	10,723	3.6%
Cavendish	1,367	1,392	1.8%	Greensboro	762	811	6.4%	Monkton	1,980	2,079	5.0%

Appendix: 2010 and 2020 Town Populations

Town	2010 Pop	2020 Pop	% Change	Town	2010 Pop	2020 Pop	% Change	Town	2010 Pop	2020 Pop	% Change
Montgomery	1,201	1,184	-1.4%	Rutland City	16,495	15,807	-4.2%	Waitsfield	1,719	1,844	7.3%
Montpelier	7,855	8,074	2.8%	Rutland Town	4,054	3,924	-3.2%	Walden	935	956	2.2%
Moretown	1,658	1,753	5.7%	Ryegate	1,174	1,165	-0.8%	Wallingford	2,079	2,129	2.4%
Morgan	749	638	-14.8%	Salisbury	1,136	1,221	7.5%	Waltham	486	446	-8.2%
Morristown	5,227	5,434	4.0%	Sandgate	405	387	-4.4%	Wardsboro	900	869	-3.4%
Mount Holly	1,237	1,385	12.0%	Searsburg	109	126	15.6%	Warren	1,705	1,977	16.0%
Mount Tabor	255	210	-17.6%	Shaftsbury	3,590	3,598	0.2%	Warren's Gore	4	2	-50.0%
New Haven	1,727	1,683	-2.5%	Sharon	1,502	1,560	3.9%	Washington	1,039	1,032	-0.7%
Newark	581	584	0.5%	Sheffield	703	682	-3.0%	Waterbury	5,064	5,331	5.3%
Newbury	2,216	2,293	3.5%	Shelburne	7,144	7,717	8.0%	Waterford	1,280	1,268	-0.9%
Newfane	1,726	1,645	-4.7%	Sheldon	2,190	2,136	-2.5%	Waterville	673	686	1.9%
Newport City	4,589	4,455	-2.9%	Shoreham	1,265	1,260	-0.4%	Weathersfield	2,825	2,842	0.6%
Newport Town	1,594	1,526	-4.3%	Shrewsbury	1,056	1,096	3.8%	Wells	1,150	1,214	5.6%
North Hero	803	939	16.9%	Somerset	3	6	100.0%	West Fairlee	652	621	-4.8%
Northfield	6,207	5,918	-4.7%	South Burlington	17,904	20,292	13.3%	West Haven	264	239	-9.5%
Norton	169	153	-9.5%	South Hero	1,631	1,674	2.6%	West Rutland	2,326	2,214	-4.8%
Norwich	3,414	3,612	5.8%	Springfield	9,373	9,062	-3.3%	West Windsor	1,099	1,344	22.3%
Orange	1,072	1,048	-2.2%	St. Albans City	6,918	6,877	-0.6%	Westfield	536	534	-0.4%
Orwell	1,250	1,239	-0.9%	St. Albans Town	5,999	6,988	16.5%	Westford	2,029	2,062	1.6%
Panton	677	646	-4.6%	St. George	674	794	17.8%	Westminster	3,178	3,016	-5.1%
Pawlet	1,477	1,424	-3.6%	St. Johnsbury	7,603	7,364	-3.1%	Westmore	350	357	2.0%
Peacham	732	715	-2.3%	Stamford	824	861	4.5%	Weston	566	623	10.1%
Peru	375	531	41.6%	Stannard	216	208	-3.7%	Weybridge	833	814	-2.3%
Pittsfield	546	504	-7.7%	Starksboro	1,777	1,756	-1.2%	Wheelock	811	759	-6.4%
Pittsford	2,991	2,862	-4.3%	Stockbridge	736	718	-2.4%	Whiting	419	405	-3.3%
Plainfield	1,243	1,236	-0.6%	Stowe	4,314	5,223	21.1%	Whitingham	1,357	1,344	-1.0%
Plymouth	619	641	3.6%	Strafford	1,098	1,094	-0.4%	Williamstown	3,389	3,515	3.7%
Pomfret	904	916	1.3%	Stratton	216	440	103.7%	Williston	8,698	10,103	16.2%
Poultney	3,432	3,020	-12.0%	Sudbury	560	545	-2.7%	Wilmington	1,876	2,255	20.2%
Pownal	3,527	3,258	-7.6%	Sunderland	956	1,056	10.5%	Windham	419	449	7.2%
Proctor	1,741	1,763	1.3%	Sutton	1,029	913	-11.3%	Windsor	3,553	3,559	0.2%
Putney	2,702	2,617	-3.1%	Swanton	6,427	6,701	4.3%	Winhall	769	1,182	53.7%
Randolph	4,778	4,774	-0.1%	Thetford	2,588	2,775	7.2%	Winooski	7,267	7,997	10.0%
Reading	666	687	3.2%	Tinmouth	613	553	-9.8%	Windham	419	449	7.2%
Readsboro	763	702	-8.0%	Topsham	1,173	1,199	2.2%	Windsor	3,553	3,559	0.2%
Richford	2,308	2,346	1.6%	Townshend	1,232	1,291	4.8%	Winhall	769	1,182	53.7%
Richmond	4,081	4,167	2.1%	Troy	1,662	1,722	3.6%	Winooski	7,267	7,997	10.0%
Ripton	588	739	25.7%	Tunbridge	1,284	1,337	4.1%	Wolcott	1,676	1,670	-0.4%
Rochester	1,139	1,099	-3.5%	Underhill	3,016	3,129	3.7%	Woodbury	906	928	2.4%
Rockingham	5,282	4,832	-8.5%	Vergennes	2,588	2,553	-1.4%	Woodford	424	355	-16.3%
Roxbury	691	678	-1.9%	Vernon	2,206	2,192	-0.6%	Woodstock	3,048	3,005	-1.4%
Royalton	2,773	2,750	-0.8%	Vershire	730	672	-7.9%	Worcester	998	964	-3.4%
Rupert	714	698	-2.2%	Victory	62	70	12.9%				